

## **FATIGUE MANAGEMENT POLICY**

Revision 2 - March 2020

St George Project Services recognises the importance of fatigue management awareness for all its employees and contractors and has established a policy to ensure fatigue related risk is minimised.

Our key points to achieve this are:

- Implementing induction, training, and education that assist managers and employees to understand and manage shift work and fatigue related issues
- Conducting regular objective assessments of planned work to identify and manage work-related fatigue issues
- Ensuring employees understand their shared responsibility to mitigate fatigue related performance impairment
- Ensuring employees are aware of legislation regarding breaks during shifts, and recovery between shifts
- Ensuring employees are aware of their responsibility to report concerns about their fatigue level to the relevant managers/supervisors

Luke St. George

Director

Date: 17 March 2020

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